

+Brighton Chiropractic
& Nutritional Health
Now Offering



Dr. Elyse House



Improving Injury Treatment and Rehabilitation

What Is Graston?

A form of soft tissue mobilization that detects scar tissue and adhesions. Stainless steel instruments are used to break up the injured tissue allowing for proper healing to take place.

Common Conditions Treated

- Achilles Tendonitis
- Carpal Tunnel Syndrome
- Cervical Sprain/Strain (Neck Pain)
- Lateral Epicondylitis (Tennis Elbow)
- Lumbar Sprain/Strain (Back Pain)
- Medial Epicondylitis (Golfer's Elbow)
- Patellofemoral Syndrome (Knee Pain)
- Plantar Fasciitis (Foot Pain)
- Rotator Cuff Tendonitis (Shoulder Pain)
- Scar Tissue